

# Home Stretch

Newsletter of the Minnesota Chapter of Greyhound Pets of America

GREYHOUND  
FESTIVAL 2001  
NEWS!

www.gpa.mn.org



VOLUME 6 ISSUE 2

763-785-4000

newsletter@gpa.mn.org

APRIL 2001



## Greyhound Pets of America - Minnesota's Greyhound Festival 2001!

**Saturday, June 2nd - 11:00 - 4:00 PM**

**Spooner Park in Little Canada, Minnesota**

**Wooohoooo!!! Maximum Fun Greyhound Style!**

Fast Jacks, Sarah Snavelly, Brett Longley, Midwest Greyhounds, OxyFresh, Petco, NorthCoast Gh Support, Katie's K-9's (Katie will be our 'Barker'), Maplewood Pet Care, Alta Vets, Woofen Ware, Dirty Dog Landscaping, Cloudwalk Chiropractic, Brenda Photography, Pack a Nap, Bone Appetite, Black Horse Design, Run With It Embroidery, GPA/MN are just SOME of the vendors selling their wares there! We aren't done gathering them yet!

Raffle items being donated by all of the above plus: GPA Missouri, Valley Vet, Montana Dogwear, Toastie Coats and Paws, Fridley Petco, MN Vikings, St Paul Saints, Pipsqueak Productions, Paw Prints, Mary Bauer, The Krautbauers, Northwinds, The Guthrie Theatre, Shari & Ryan Gray, Forbes Family Knits, Fancy Publications, Target-Fridley, Duds 4 Buds, Silk Roads, Voyagers GH Apparel, Kozlaks Royal Oaks, Timber Lodge Steakhouse, Cat and Anne Fitt Jewelry, Knotts Camp Snoopy, Kreative K-9 Fashions, Karen's Kollars, The Greyhound Project, Plymouth Playhouse, Old Log Theater, Valley Fair, Chanhassen Dinner Theater, Katie's K-9, and they are still just rolling in!! Food—introducing Bar-B-Que this year along with the other goodies we've had in the years before! Fun, Contests and Friendliness! So hang on to your tails because we are going to have a blast!!!

**CALL TERESA at 651-483-5997! She needs your help for the 2001 GPA-MN Greyhound Festival. This festival is the largest greyhound gathering in Minnesota and gets bigger and better each year WITH the help of Volunteers!!!! We need your help badly! Please call and offer your help! It is really greyt time for all!!!**

### !Photo Contest!



We will be holding our yearly Festival Photo Contest! If you would like your hound photo entered please mail them to:

Marty Reynolds  
3 Chipmunk Lane  
North Oaks West, MN 55127



If you would like your photo returned please include a self-addressed stamped envelope. First prize will win a Sarah Snavelly photo frame!

These are just a couple of the wonderful hounds your donations have helped! No one appreciates your help and donations the way the hounds do. There are so many more waiting! Please won't you help us help the hounds by being generous this year. **Your donations are tax deductible.** Send your donation in TODAY! Don't wait!

**Please send them to:**

**GPA/Minnesota**

**P.O. Box 49183**

**Minneapolis, MN 55449**



Our organization **NEEDS** your support desperately to continue helping the hounds that cannot help themselves. Thank you so much to those who have donated time as well as funds! We do so much good and it would all be impossible without your support!



Misty



Mango

**Please Help!**



**Greyhound Pets of America – Minnesota’s Mission Statement**

*Greyhound Pets of America – Minnesota is the Minnesota chapter of a national non-profit, all volunteer organization dedicated to finding loving, responsible homes for retired racing greyhounds and also younger greyhounds that haven’t been successful at various tracks throughout the country. We also take great pride in educating and informing the public that retired racers make excellent, loving pets.*

**Current Officers (and board members):**

- President – Bruce Krautbauer
- Vice President – Teresa Ruohomaki
- Secretary/Treasurer – Robin Krautbauer

**Board members**

- Anne Cassens      Shari Scott Gray
- Neil Kresal        Kathy Marr DVM
- Jen Rachac        Marty Reynolds
- Robin Schaper     Sarah Snavelly

**Coordinators:**

- Buddy Coordinator – Martha Cleveland
- Adoption Coordinator – Marcy Barger
- Foster Coordinators – Anne Cassens
- Meet and Greet Coordinator – Sylvia Kresal
- Fundraising Coordinator – Robyn Abear
- Lost & Found Hound Coordinator – Robin Schaper
- Supply Coordinator – Liz Hendricks
- Veterinary Coordinator– Judy Dickerson
- Track Liaison – Robin Krautbauer
- Web Masters - Shari & Ryan Gray
- New Hound Site - Mark Schmit
- 2001 Festival Coordinator - Teresa Ruohomaki

**Adoption Representatives:**

- Marcy Barger
- Jen Rachac              Martha Cleveland
- Bob Smith                Bruce Krautbauer
- Sylvia Kresal             Robin Krautbauer

**Land O’ Lakes Dog Show**

Lonnie Skrentner, Neil and Sylvia Kresal, Debbie Greenstone, Robin Schaper, Jen and Doug Rachac, Robin and Kim Schaper, Carol Jillian, Anne, Justin and Alyssa Cassens, Susan Starr, Sandy Jammer, The Vantassel Family, Teri and Jason Petrin, Stacey & Paul Lindgren, Bob and Ann Smith, Mark and Michelle Soshea, Bob and Angela Ponder, and Bruce and Robin Krautbauer are the volunteers we need to thank for staffing the booth this year at the 2001 Land O’ Lakes Dog Show. As usual... Good times had by all! They and their hounds were wonderful ambassadors for greyhounds and our organization! Thanks SO much for staffing our booth at what is a yearly event for GPA/MN.



**Kim and Robin Schaper, and Carol Jillian staffing our booth at the Land O’ Lakes Dog Show.**

*Photo by Anne Cassens.*

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Any questions concerning content or distribution should be directed to Robin or Bruce Krautbauer at either:

Phone **763-785-4000**  
Or E-mail  
**Newsletter@gpa.mn.org**

**GPA-MN**



or  
send mail to:  
**GPA-MN, P.O. Box 49183, Minneapolis, MN 55449**

**Donations and Sponsors**

We are a national, non-profit organization. Donations and Sponsors are greatly needed to help keep costs down and enable us to continue to let the public know about the glorious greyhound. All donations are tax deductible. Any and all contributions are greatly appreciated.

**To make a donation in honor of your hound’s birthday, adoption day, or in memorial please send your donation and your request in by the 15th of the month prior to the month the event falls in. Send in donations and information to: GPA-MN, P.O. Box 49183, Mpls., MN 55449**

**PLEASE help with your generous donation!**





## Ask Tilly & Jack (And Sometimes Duke!):

### Dear Jack and Tilly,

My name is Steele and my human is very upset with me. I don't like to poop outside, it is too cold. So once in awhile I just use the dining room or the family room, the carpet is green so I figure it is OK because it looks like the outside. The people here don't seem to understand that when you are missing hair on your behind it gets really too cold to go outside. No one told me about this snow thing and I don't think it is going to leave. What should I do with these annoying people? **Steele**

### Dear Tilly, Jack and Duke,

We know you are very wise hounds. We are so confused. Life with Mom has been pretty good up to now. We went to the park every day. We got to do laps in this big circle area with wooden sides. Suddenly Mom won't go to the park everyday. She said something about wind-chill. She said she couldn't wear any more clothes and still walk. She said there is ice in our big circle area and we can't go in there now. We admit we get pretty cold even with our coats. What is this all about? Is Mom telling us stories? Is she going nuts? Please help! **Sincere thanks, Ellie and Sam**

**Tilly:** Well, Steele, Ellie and Sam, both of your problems are the fault of cats. That's why I am answering both of your letters at once. Those of you readers out there who have been with us a while know that cats were created by aliens intent on taking over the earth. Those of you who are new readers will have to lay their paws on some of the old issues of the newsletter or wait until we can convince Dad to publish a compilation of all of our columns. Back to the cats. Cats were created by the aliens to be their spies and to help take over the earth by ridding it of the greyhound population. And how, you may ask, were they going to do this? **Jack:** Yes, Tilly, how were they going to do this? **Tilly:** Shut up, Jack. Cats, as many of you know, have this disgusting habit of catching and eating rats and mice. These rodents had been pilfering man's stockpile of grains and foods for eons. It didn't present too much of a problem though, since man and the greyhound lived in a climate where crops could be grown year round. In other words, nice and

warm. When cats were created and started eating the rodents, food was able to be stored without being stolen. Some idiot humans got the idea that they would go try to live where it isn't warm all year round. Some place where it's cold, snowy and icy over half of the year and nothing grows except snowbanks. Someplace stupid like Minnesota! See, by having cats around to take care of the rat and mice problem, humans could store food to keep them going throughout the winter.

**Jack:** That's right, Tilly. And those evil cats knew that we greyhounds don't have any body fat to speak of. **Duke:** I guess you're the exception, Jack! **Jack:** Go back to sleep, Duke, and let me finish. Those cats thought we wouldn't survive in this cold climate and that this would help rid the world of greyhounds so their alien masters could take over the earth. **Tilly:** What they didn't count on was how much our humans love us. Our humans invented coats for us to wear and started letting us live inside with them. However, Steele, they do expect us to go outside to do our business. This is okay by me. I think their habit of going inside the house is disgusting. So is the idea of a litter box in the house for cats, but that's another story. **Jack:** So, hold on Ellie and Sam, winter will be over soon and your oval should be yours again and not for those miniature humans with knives on their feet and carrying clubs.

### Dear Jack and Tilly and Duke,

I've had a lot of different homes with a lot of different people. So many I've lost count, it has to be at least 5 or 6. Now I'm in a new home and my new Mom says this is my forever home. She even changed my name from Black Cannon (what kind of a name is that for a pretty girl) to Daisy (much better). My problem is I'm having trouble believing this is really my permanent home. My Mom is home most of the day but she spends nearly all her time with her hand on a 'mouse' (her word, I've seen a mouse and that is not what it is) staring at this little screen. I get to feeling insecure and go over and use my nose to move her hand off the 'mouse' and onto my head. She gives me a few minutes of loving and then tells me to go lie down and goes back to the mouse and little screen. This is what has me worried. There is another greyhound here as well as two cats (don't get me started on them). I really like living here but I'm afraid that with all those other animals and the little screen, Mom will decide I am too much trouble. I sometimes make mistakes and get yelled at. Is it my fault it is so easy to pull the cat's food off the table? How can I relax and be sure this is where I will stay and how can I get all the attention I need?

**Sincerely, Scared and insecure.**

**Tilly:** I don't think you have to worry, Daisy. Our folks fostered you and think you are pretty special. We also know for a fact that your human does too. Humans have to do this thing called work (sort of like when we had to race) in order to get money(???) to buy things. Your human works at home is all. Be thankful for that. **Jack:** That's right, Daisy. If your human didn't work you wouldn't be able to get any more pig ears! **Duke:** Daisy, you will be fine. Humans are real suckers for us old farts. Just hang in there and don't bug her too much.

*Keep those letters and E-mails coming!*

Tilly and Jack

5401 James Avenue So., Minneapolis, MN 55419

Or E-mail: [jackandtilly@gpa.mn.org](mailto:jackandtilly@gpa.mn.org)





# Overweight --

## 12 Ways to Tip the Scales

by Alan E. Schwichtenberg

Is your pooch a little pudgy? Experts estimate that about one in three dogs and cats in America is overweight. That means there are some 39 million chubby pets waddling around.

Although weight gain occasionally indicates a medical problem, most overweight pets simply eat too much. "We're loving our pets to death with food" says Myrna Milani, D.V.M., a veterinarian in private practice in Charlestown, New Hampshire, and author of *The Body Language and Emotions of Dogs*. "We give them all these treats and extra food, and then wonder why they're fat."

As with people, overweight pets can be plagued by problems such as high blood pressure, diabetes and even arthritis. To help keep your pet looking -- and feeling -- good, here's what experts recommend.

**Begin with the rib test.** To tell if your dog is overweight or merely stocky, run your hand across his side. If you can't feel his ribs, you know it's time to trim his tummy.

**Put on your walking shoes.** Regular exercise is probably the best way to help your pet shed excess pounds. Taking your dog for a walk is great for your dog, great for you and a wonderful way to bond. If your pet isn't used to regular exercise, you may want to start out with short walks -- around the block, for instance -- and gradually work up to longer, brisker adventures.

**Make it light.** To help your hound slim down, some veterinarians recommend switching from his usual food to one that is high in dietary fiber and low in fat. (Or you can mix a higher-fiber food with his usual chow.) This can allow him to eat as much as before and still maintain a healthy weight.

**Cut back on the calories.** When starting your pet on a diet reducing the amount you feed him should be cut back by about one-quarter. Then, after about two weeks, see if you can feel his ribs. If he still seems too plump, cut back on his food by another quarter. If two weeks go by and he still seems overweight, then it's probably time to see your vet.

**Feed him often.** To help your pet stave off hunger pangs while dieting, you can divide his daily food allowance into four to six servings and giving him one serving every few hours. It keeps him occupied and helps keep his stomach busy. He might not even realize he's not eating as much.

**Nix the snacks.** However tempting it may be to slip your pet a little something between meals, remind yourself that those are just additional calories he's better off

avoiding.

**Or dole out low-cal treats.** To please your pet's palate without packing on the pounds, you might want to give him high-fiber, low-fat snacks from your kitchen. Lots of hounds like foods such as cooked green beans, raw carrots or unbuttered air-popped popcorn.

**Make a reservation.** Another way to avoid fattening snacks is simply to set aside a small portion of your pet's usual food and dole it out during the day as an "added" treat. You give him a piece of kibble here, a piece of kibble there, and everyone is happy.

**Go for the garlic.** As bad as it can be for the breath, this pungent herb can be an effective weight-loss. One of garlic's properties is that it helps regulate the liver and the gallbladder. That helps the digestive system get back on track you can crush anywhere from one to two cloves a day and put it in their food.

**Guard against theft.** Dog can be really sneaky when they're not getting as much food as they're accustomed to. Keep the garbage out of their reach, keep an eye on your table.

### When to See the Vet

Your formerly svelte hound hasn't been eating more than usual, but lately he's begun to resemble a potbellied pig. While it's possible that all you're witnessing is the spread of middle age, his unexplained weight gain could also indicate something serious.

There are a number of dangerous conditions -- among them diabetes and congestive heart failure -- that make themselves known with weight gain.

**\*\*Putting your pet on a diet in certain cases could lead to real trouble!**

**That's why you should always check with your vet before starting your portly pet on a weight-loss plan.**



Art Copyright by Kim Parkhurst





### **Important Upcoming Dates to Remember!!!**

**April 21st & 22nd** is National Adoption Week-end. We will be staffing nearly every Petco in the Twin Cities area with Meet & Greet booths. Please see if you can join the M&G hosts to help give out information. Bring the hounds along as ambassadors.

**May 19th—Saturday** GPA/Minnesota's Yearly Garage Sale!!! Jen & Doug Rachac have kindly consented to let us have space at their home to have this. Thanks much! Please save your saleable items for us! Call 651-795-9356 to contact Jen for more information.

### **June 2nd—Saturday** Greyhound Pets Of America/Minnesota's GREYHOUND FESTIVAL 2001!!!

(Whew-whooh! The Biggest Greyhound Festival in Minnesota. Every year greyt fun. Also our largest fundraising event of the year! So much to see and do... eating, playing, shopping and just hanging out with the hounds!) It will again be at Spooner Park in Little Canada, Minnesota. 11AM—4 PM.

Please contact Teresa—planning is in the works NOW! And your help is essential to the success of our biggest event!! 651-483-5997 OR Email: HeyYouSir@wavefront.com We need lots of Help! Help! HELP!

**June 23rd & 24th**—Pride. Come help staff a booth all day—both days. Contact Carol Jillian. (612) 871-5727

**August 26th—Sunday** - Minnesota State Fair We will be doing shows at 9AM, 11AM, and 1 PM. Contact Robin Schaper. (763) 425-3316

**September 22nd & 23rd**—Renaissance Festival Weekend in Shakopee, MN! All day both days! Contact Robin Krautbauer. (763) 780-4748

### **More on Pet Therapy**

Interested in bringing your dog on pet therapy visits? Here's how you can get your hound ready:

- **Training:** A therapy dog doesn't need to perform at competition-level obedience. But he must walk politely on leash and know how to sit, lie down, stand, and stay. Other skills and tricks may also be useful, such as paws-up, kiss, and fetch.
- **Socialization:** A therapy dog must be friendly to people and not overly interested in other animals. From early on, she should go places and meet all kinds of people, including some using wheelchairs, walkers, crutches, and scooters.
- **Health and grooming:** Regular veterinary exams and current vaccinations are important. A therapy dog should be bathed and brushed before visits, and his nails kept short to keep him from slipping on waxed floors. Teeth and ears should be kept clean.
- **Certification:** Some facilities require therapy dogs to be certified or registered with a therapy-dog organization. Most people who do regular pet therapy visits register their animals. The organizations offer support and such benefits as newsletters, seminars, and group insurance.



Sister Krautbauer





Meet & Greet Calendar (phone 763-785-4000 ext. 4)

**Meet Wade!**

**Petco—Apple Valley - The Cassens**

April 21 Saturday 1 - 4 PM

May 12 Saturday 11 - 2 PM

**Petco—Brooklyn Park - Kevin K**

April 21 Saturday 12 - 3 PM

**Petco—Coon Rapids - Sandy J.**

April 21, 22 Sat & Sun 12 - 3 PM

May 19 Saturday 12 - 3 PM

**Petco—Eden Prairie - Nancy & Brittany**

April 21 Saturday 12 - 3 PM

**Petco Central (Fridley) - Bruce & Robin**

April 22 Sunday 12 - 3 PM

May 26 Saturday 12 - 3 PM

**Petco Highland (St. Paul) - The VanTassel Family**

April 21 Saturday 1 - 4 PM

May 19 Saturday 1 - 4 PM

**Petco Maplewood - Teri & Jason P.**

April 21 Saturday 1 - 4 PM

April 22 Sunday 1 - 4 PM

May 12 Saturday 1 - 4 PM

**Pet Expo, Mankato - Nancy & Bryan R.**

April 22 Sunday 1 - 4 PM

May 20 Sunday 1 - 4 PM

**Petco Oakdale - Karissa & Lyle**

April 21 Saturday 12 - 3 PM

**Petco Richfield - Neil & Sylvia**

April 21 Saturday 1 - 4 PM

May 19 Saturday 1 - 4 PM

**Petco Ridgedale (Minnetonka)**

April 22 Sunday 1 - 3:30 PM

**Petco Roseville - Teri & Jason**

May 5 Saturday 1 - 4 PM

**Petco - St. Cloud - Kate & Pat**

April 14 Saturday 11 - 1 PM

May 12 Saturday 11 - 1 PM

**Petco - West St. Paul -**

***Brian, Marty, Lisa, & David***

April 14 Saturday 11 - 2 PM

May 12 Saturday 11 - 2 PM

**Borders Book Shop - Calhoun Square**

May 12 Saturday 12 - 3 PM



Here is Wade, the last but certainly not least, greyhound to join our "pack". Wade just turned three in early November. He is a great dog! Always cheerful, intensely curious about the world around him, possessed of a natural dignity, he is not, however, above a silly romp with Bryce the Doberman/Terrier mix who is the greyhounds coursing coach!

Wade seems to love his new home and always tries to please and be a good dog. We think he is a true treasure!

Wade was adopted by GPA/Minnesota to Dawn and Richard Courtney. He was one of the hounds that was rescued from the research lab last summer.



*Please come join in the fun!*

If you would like to see your wonderful greyhound(s) be featured in our newsletter please send along a photo or two and a paragraph giving information on your hound(s) along with a self-addressed, stamped envelope to:  
GPA-MN,  
P.O. Box 49183,  
Minneapolis, MN  
55449



We will return the photo to you as soon as we are finished using it!

*Thank you! We appreciate your help in keeping this section of our newsletter going!*





# Turbo Spud *By K. Parkhurst*

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[www.turbospud.com](http://www.turbospud.com)



Spud is based on a real live dog but his real live name is Trooper. His racing name was W.R.'s Z-Sam. He uses 'Spud' as his online handle to mack on hotties in the Saluki chat rooms.

GPA Orange County/Los Angeles accorded our household the privilege of basking in his constant presence. Little did we know.

*K. Parkhurst*



TO BE CONTINUED!





# OFFERING AN ALTERNATIVE...

*(Reprinted with the permission of Kate Bressler from Adoption Tails)*

It seems strange to call a 3000 year old form of medicine a "new" treatment option, but that's exactly what acupuncture has become. Acupuncture is the insertion of needles into specific energetic points, to bring about a desired physiological change, and thus healing. Although it is not a cure all, acupuncture works well when indicated.

According to Traditional Chinese Medicine (TCM), disease is due to an imbalance in the bodies life force or Qi (Chi). This energy becomes blocked from its normal flow through the bodies fourteen meridians, or energetic pathways. By way of the application of needles, acupressure, electrical stimulation, moxibustion (heating) or various other methods, the "stagnation" in energy is relieved. From a western point of view, acupuncture is thought to help by increasing blood supply to affected areas, stimulating nerves, relieving muscle spasms, and causing the release of endorphins, the bodies natural pain killers.

Acupuncture, as a form of TCM, can be used to treat almost any imbalance, except those requiring surgery. It's most often used to treat musculoskeletal problems such as arthritis, hip dysplasia, and intervertebral disk disease. Neurologic problems, such as some forms of paralysis and seizures, can be improved through the use of acupuncture. In addition, chronic disease states like, allergic skin problems, respiratory conditions such as asthma and chronic upper respiratory infections, kidney disease and gastrointestinal diseases leading to vomiting and diarrhea, can all be improved with acupuncture treatments. Finally, improved quality of life for immune compromised patients, such as those with feline leukemia (FeLV)

and feline immunodeficiency disease (FIV) has been seen.

In a world where everyone wants quick fixes, the biggest drawback of acupuncture is that it requires time and repetition to produce the desired effects. Most veterinary acupuncturists recommend a commitment of no less than four to eight treatments. The severity and duration of the animals' illness will determine the length and frequency of treatments. On average, patients are seen once a week for six to eight weeks, with the needles being in place from ten to thirty minutes. Once the desired affect is reached, treatments are tapered off and the owners are told to return at the first signs of relapse. Most animals then will be seen two to four times a year to keep the imbalance under control.

When administered by a properly trained veterinarian, acupuncture is one of the safest forms of medicine for animals. The actual insertion of needles is generally well tolerated. Once in place there should be no pain from the needles and a deep state of relaxation may occur. Side effects include, temporary worsening of the animals condition or lethargy for twenty-four to forty-eight hours after therapy. This response indicates changes taking place within the body that most often are followed by improvements in the patient's condition. Some animals actually show improvement and increased energy from the very first treatment.

Acupuncture and Traditional Chinese Medicine work by recognizing patterns of imbalances in the body's normal energy. A skilled practitioner can correct the bodies' excesses and deficiencies by using appropriately placed needles. If recognized, these imbalances can be treated prior to a disease state arising, in effect acting as prevention. Although acupuncture does not replace conventional, western medicine, it does complement it and should be offered as an alternative for our animal companions.



Mik Wilkens © 1999

## Adoptions

**\*Congratulations and best wishes for these wonderful greyhounds and their new families!!**



Clipart by Sarah Snavelly

- March 8th, 2001 Jazzy to Nancy Jones
- March 9th, 2001 Mango to Pat Walsh
- March 10th, 2001 Taxi to Becca Nelson
- March 11th, 2001 Sugar to Mike and Beth Wallin
- March 11th, 2001 Storm to Jim & Renee Williams
- March 17th, 2001 Molly to Sheila Wick
- March 25th, 2001 Fuzzy to Jodi Schoenauer
- March 25th, 2001 Downer to Maxine Ilika
- March 27th, 2001 Grizzly to Julie Janes/Bob Daschner



Clip Art by Kim Parkhurst



***Daphne Mae Explains It All*** By Daphne

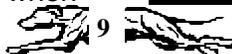
This month I want to discuss a subject that is near and dear to my heart, and if you are a Greyhound, yours too. This would be FOOD!!!! My favorite thing is making my Mom crazy over whether or not I am eating. You see, in order to properly train your human you must keep on confounding and confusing them. The very best way to do this is with your food.

My Mom goes just bonkers if I don't dive into my food. At breakfast time Mom taps the edge of my bowl and calls, "Daphne, time for yummys." And don't even get me started on the cutesy, baby-talk words she has for food and its many forms--chicky-bird for chicken, fishies for fish, and 'takies for steak...what a ding-dong! Hey, as long as the bowl has great chow, who cares what nuts our humans are!!! And if I am not dining almost immediately I get all manner of treats infused in my food--freshly grated parmesan cheese, V-8 juice, yogurt (the plain kind is delicious, especially in Summer when she freezes fresh raspberries into it!), chicken chunks, tuna, marlin steak, salmon, roast beef and steak chunks, ground hamburger or chicken, sometimes even shredded cheese (I adore mozzarella and cheddar, but only in small amounts--gotta watch my fat). And if I am really lucky, I get some yummy scrambled eggs. Then she always drizzles some olive oil and/or cod liver oil over it. Once in a while I do eat it all up, but I much prefer to nibble when I feel the urge--I have even adopted my Mom's eating habits. She eats breakfast and dinner and snacks during the day. The good part of that is that when Mommy gets a treat, so do I--biscies and bits of fruit (I really like apples and grapes) and sometimes beef or turkey jerky.

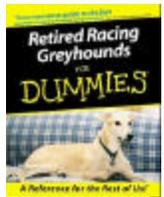
Then there's the veggies and broth--when Mom really pulls out all stops I get a mix of veggies, broth or gravy (or if Mom has been cooking I might get some homemade Minestrone or chicken soup and matzo balls (well, I am a Jewish Greyhound!). Mommy makes some of the greatest soup I ever ate (not that I remember eating much soup before Mom adopted me) and matzo balls are really delicious--like light, fluffy doughnuts without the sugar! I love all sorts of veggies, but especially cooked carrots, brussel sprouts, green beans and broccoli.

Finally my absolute best time of day would have to be when Mom and I relax in front of the TV at the end of our day. Mom will often feed me some of what she's eating--that is, if she is having pretzels (but she had learned to check the ingredients label--especially after I had some made with soybean oil--let's just say IT WASN'T PRETTY!!!--And the vet visit afterward wasn't much fun--especially the rectal exam!), or Ranch flavored tortilla chips, or cheese popcorn--we prefer the kind with the stain-y yellow cheese--none of that healthy white cheddar junk for us!

Last of all is the extra-special treat category. That is when Mom gives me macho sticks (also known as bully



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sticks, and we aren't going to give any details about what part of the bull they make them from), or pizzles (these are yummy bits of rawhide made from piggy parts--not sure which parts, just that they taste wonderful!), or freeze-dried liver, which I adore but Mom says gives me awful GAS (doesn't bother ME any) or even those fabulous pigs ears and rawhides (but only the made in the USA rawhides!). So to all you hounds, be diligent with your humans--they aren't very bright and they need a firm hand and lots of repetition. It will benefit you in the end!

**Daphne (with help from Samantha Shine)**



**The author – Daphne!**



**Greyhound Sitting!!**

**The Coop has been a great benefit to all of us who have used it, knowing that our hounds are well cared for when we're gone! If you are interested in participating please call Bethany and Lauren Kauffman (763) 576-0455 for further information!**



### Gotcha' Day!

**Congratulations to these folks and hounds on their one year adoption anniversary!**

**Vegas by the Stradcutter family.**

**Blue by the Krautbauer family.**

**Nevada by Marlene Elke and family.**



Clip art  
by Gary & Bonnie  
Booker



## Announcements

Clip art Mik Wilkens 1999

**Garage Sale to Benefit The Hounds!**

**May 19th (Saturday)**

Please save your unwanted, saleable items for this event!!

Doug and Jen Rachac are hosting this yearly event. Many thanks to them!

Please contact them for further information about how you can help!!!

Phone: 763-795-9356

Or E-mail: [jen.rachac@medtronic.com](mailto:jen.rachac@medtronic.com)



### Rainbow Bridge

**Sterling pendant 1" ...\$25**

**Brooch 1" ...\$30**

No one knows how many greyhounds have lost their lives without ever knowing the love of a family or having a home of their own. This piece honors all dogs, both well-loved and unknown, who have crossed before us.

Mention GPA-MN if you purchase items from Carmon and our group will get a donation from your sale!

<http://cumor.home.texas.net/blackhorsesdesign/>

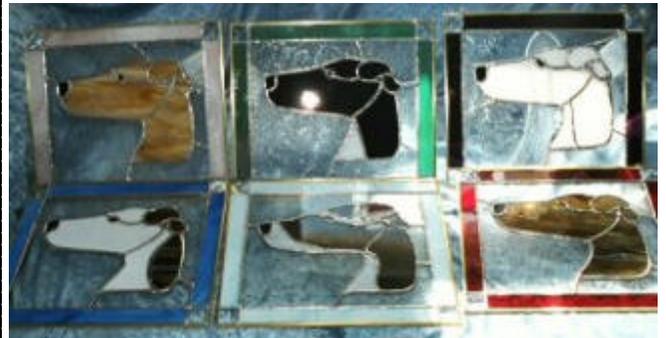


**Black Horse Design**

Animal Motif Jewelry & Handpainted Silk  
by Carmon Deyo



<http://www.montanainspirations.com/>



**Sarah Regan Snavelly**  
fine dog art



**Jewelry, Note Cards, and fine art work!**

[Http://dog-art.com](http://dog-art.com)



[www.Duds4Buds.com](http://www.Duds4Buds.com) ~ (661) 951-1120

Mention GPA-MN if you purchase items and our group will get a donation from your sale!





*YOU are the Heart and Soul of GPA-MN!*

*Thank YOU, Volunteers!*

- Robyn Abear
- Steve Abear
- Luana Ball
- Marcy Barger
- Mike Barger
- Mary Bauer
- Cheri Bravo
- John Brunner
- Jodi Brunner
- Anne Cassens
- Cort Cassens
- Justin Cassens
- Alyssa Cassens
- Marion Chow
- Martha Cleveland
- Walter Cleveland
- Chuck Collins
- Sue Collins
- Dawn Courtney
- Richard Courtney
- Judy Dickerson
- Kate Douglass
- Mike Douglass
- Jackie Dubbe
- Karissa Eckert
- Lyle Eckert
- Bill Elke
- Marlene Elke
- Chad Foote
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- Ryan Gray
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- Sylvia Kresal
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- Todd Palmberg
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- Brittany Perlich
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- Teri Petrin
- Angela Ponder
- Bob Ponder
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- Doug Rachac
- Dena Rassmussen
- Marty Reynolds
- Bryan Rittenhouse
- Nancy Rittenhouse
- Mark Ruohomaki
- Teresa Ruohomaki
- Julia Ruohomaki
- Andrea Ruohomaki

- Cole Ruohomaki
- Sean Ruohomaki
- Dean Rush
- Jan Rush
- Bob Schaper
- Robin Schaper
- Mark Schmit
- Wally Schwab
- Steve Sedesky
- Jeanne Sedesky
- Ben Sedesky
- Samantha Shine
- Brian Short
- Bob Skrentner
- Bob Smith
- Ann Smith
- Susan Starr
- Mark Stevens
- Michelle Stevens
- Sarah Snavely
- The VanTassel s
- Jill Walser
- Susan Wevley
- Mik Wilkins



Thanks to all of the Foster folks.

Thanks to all who have been involved in the Coats for Hounds program.

Thanks to all who are involved through our Buddy program.

Thanks to all who volunteered their time to make our annual Greyhound Festival a success!

Thanks to all of the folks who help out with our Meets & Greets. Thanks to all who staff and attend our special events!

Thanks to all who worked with the Bake Sale this year!

Thanks to all who do the gift wrapping at Barnes & Nobles to profit the hounds!

Many thanks to the veterinarians and their staff that commit their time and resources to help the hounds.

Many thanks to the folks at all the Petcos who make us feel welcome. Also thanks to the folks at PetExpo in Mankato!

This is a list of volunteers that are currently active in our organization and have done some service for the hounds within the last month. It is in alphabetical order. If we have missed someone we would greatly appreciate you letting us know so we may add them to our next list. *Thank YOU GPA-MN Volunteers!*

**2001 Board Members**



**Sarah Snavely, Shari Gray, Robin Schaper, Marty Reynolds, Jen Rachac, Neil Kresal, Teresa Ruohomaki, Anne Cassens, Robin Krautbauer, and Bruce Krautbauer. (not pictured Kathy Marr DVM).**

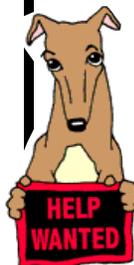


*Fostering is an important part of a greyhound's transition into their new permanent homes.*

*Please Help Us Help the hounds we are working to help by becoming a foster home.*

*Call Anne at 951-921-9800!*

*Thank you so much for your help!*





## Heartworms

### ~ 8 Smart Safeguards ~

It's bad enough when you get bitten by a hungry mosquito -- and spend the rest of the day scratching the results.

For dogs, however, mosquitoes are more than just an itchy annoyance, they can carry heartworms. Unless your hound is taking preventive medication, a bite from an infected mosquito could pass this dangerous parasite on to him.

As the name suggests, heartworms literally take up residence in the heart, often causing coughing, rapid breathing, weight loss and sometimes death.

Since there's no certain way to keep your dog from being bitten by a mosquito, taking preventive measures is essential.

**Stop them at the gates.** Vets recommend that all dogs be given preventive medication. That way, even if your pet is bitten by an infected mosquito, the medication in his bloodstream will destroy the heartworms before they mature and cause problems.

The medication available is a preventative. The preventative is formulated to be given monthly. If you live in an area with cold winters -- and hence no mosquitoes during those months -- your vet may recommend that your pet take the preventatives only during mosquito season. But some vets opt to play it safe and prescribe the pills all year.

**Don't neglect the test.** It may be dangerous to give heartworm preventive to a dog or cat that's already infected, which is why vets usually perform a blood test before prescribing the preventative. Once you know your hound isn't infected, it can begin taking the medication.

**Don't swap pills.** Heartworm medication comes in a variety of different strengths. The dose that's right for one pet could be ineffective when given to another. In addition, doses that are safe for dogs could be dangerous for cats. So don't mix and match. Have each of your pets tested individually, then give them their own pills, vets advise.

**Invest in snug screens.** While you can't entirely exclude mosquitoes from your life (or the house), putting up tight-fitting window and door screens will help keep their numbers down. Patch or replace damaged screens as soon as possible.

**Invite some friends for dinner.** Putting a purple martin bird-house in your yard will attract these voracious birds, which can eat thousands of insects a day. This will help keep the mosquito population down -- and with it the risk of infection. It's also a good idea to eliminate pools of standing water where mosquitoes breed.

**When to See the Vet**— Once your pet gets heartworms, it's a difficult condition to treat. The drugs used to eradicate the worms contain arsenic, which can be more dangerous than the disease. When heartworms are caught early, however, they are far easier to treat than at later stages. That's why it's critical to see your vet at the first sign of symptoms, which include coughing, rapid breathing and fatigue.



## Senior Corner...

### Cataracts -- 4 Clear Tips for Cloudy Eyes

Lately you've noticed your hounds eyes seem to be getting a little cloudy. Should you be worried about his sight?

Probably not. Cataracts in people often cause problems, but in dogs they usually aren't serious enough to raise an eyebrow over. The difference in sight caused by cataracts is usually minimal.

Dogs usually get cataracts when they're young, often between one and three years old. In most cases, a dog's other senses are so keen that even if his vision starts to go, you may not notice there's a problem.

If he does need help getting around -- or if you're concerned about preventing cataracts in the future -- here are some tips from vets.

**Be consistent.** There's no place like home -- until one day you put the couch where the TV used to be. Then your dog's usual territory can suddenly seem like a new and possibly bumpy place. They can really have a problem if you rearrange the furniture.

**Give him a tour.** If you do move things around or if your pet has just recently begun having vision problems, gently lead him around the house so he'll learn where everything is.

**Keep him in reach.** Don't take chances if your pet seems to be having serious vision problems. Unless the yard is securely fenced, keep him on a leash whenever you go outside.

**Keep up with checkups.** After heredity, the leading cause of cataracts in dogs is diabetes. When this condition is caught early, however, cataracts may be delayed or even prevented altogether.

While dogs with diabetes need a veterinarian's care, there is some evidence that dietary fiber can help control blood sugar levels and perhaps lower the risk of developing cataracts.

Whether your pooch is fat or thin, however, he will probably appreciate getting carrot sticks or apple slices as snacks. Most dogs like them, and they're a great way to up his fiber intake.

**When to See the Vet** - Your vet said not to worry about the cataracts, but he didn't say anything about your pet getting squinty, bloodshot eyes. These days your hound looks like a gangster (without the cigar). What's going on?

Dogs with cataracts will occasionally develop a condition called phacolytic uveitis, which occurs when lens material from the cataract leaks out, causing a painful inflammation of the iris and the part of the eye behind it.

If your dog already has cataracts, it's important to see your vet as soon as you notice squinting or other symptoms. If untreated, it can become glaucoma, which is more serious than the cataract. Caught early and treated with topical anti-inflammatory drugs, however, the condition usually will clear right up. Sometimes the cataract will shrink as well.





**Thank You!**



**Thank You!**

**GREYHOUND PETS OF AMERICA/MN GIVES A RESOUNDING  
“THANK YOU!”**

**TO OUR PETCO SPONSORS.**

WITH THEIR HELP MANY RETIRED RACERS HAVE FOUND AND WILL CONTINUE TO FIND LOVING HOMES AND LIVE LONG AND HAPPY LIVES!

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The Petco Stores in Minnesota have supported our organization in ‘**EVERY**’ way possible. Their help financially through their various fundraising efforts has been invaluable to our organization.

Petco’s continued support over the years has done **SO MUCH** toward allowing **Greyhound Pets of America/Minnesota** to continue their work with the hounds we all love.

**GPA/MN THANKS THE PETCO STORES A THOUSAND TIMES OVER!**



*Our Greyhound Guardian Angels!*





Letters and Notes to GPA/MN

A special donation was made in memory of Ale and Velvet—two very, very special hounds.

By The Sedesky Family



Claire and Roger Boch are deeply saddened by the loss of their wonderful hound of many years, Rama.



Sami has gone to the Rainbow Bridge .

Our family will miss her

Never ending happiness and spirit.

The Schaper Family

A Pet's Prayer by Beth Norman Harris

Treat me kindly, my beloved master, for no heart in all the world is more grateful for kindness than the loving heart of me.

Do not break my spirit with a stick for though I should lick your hand between the blows, your patience and understanding will more quickly teach me the things you would have me do.

Speak to me often, for your voice is the world's sweetest music, as you must know by the fierce wagging of my tail when your footstep falls upon my waiting ear.

When it is cold and wet, please keep me inside, for I am a domesticated animal, not used to bitter elements. And I ask no greater glory than the privilege of sitting at your feet beside the hearth. Though had you no home, I would rather follow you through ice and snow than rest upon the softest pillow in the warmest home in all the land, for you are my god and I am your devoted worshiper.

Keep my pan filled with fresh water, for although I should not reproach you were it dry, I cannot tell you when I suffer thirst. Feed me clean food, that I may stay well, to romp and play and do your bidding, and to walk by your side.

And, beloved master, should the great Master see fit to deprive me of my health or sight, do not turn me away from you. Rather, hold me gently in your arms as skilled hands grant me the merciful boon of eternal rest and I will leave you knowing the last breath I drew, my fate was ever safest in your hands.



HOUND ASTROLOGY

Aquarius, Jan. 20-Feb. 18:

Warm and loving nature, sensitive, individualistic, sometimes fickle, strong intuitive abilities, seems to understand what is said by word or sign, may be unsociable, free-spirited, devoted to human friends, can perish from loss of a loved one.

Pisces, Feb. 19-March 20:

Contrary, indecisive, or double-minded, loves to travel, tendency toward overexertion when young, loyal, intelligent, exuberant, loves to perform, needs a firm human friend.

Aries, March 21-April 19:

Stubborn, hasty, victorious in conflicts, enthusiasm needs direction, natural leaders, accepts responsibilities eagerly, tenacious, craves respect.

Taurus, April 20-May 20:

Proud, strong, courageous, determined, enthusiastic, takes risks, sometimes stubborn and resisting and hard to handle, reliable and understanding, has set routines, loves life.

Gemini, May 21-June 20:

Very vocal, intelligent, active, alert, fickle, restless, eager to try new activities, enjoys change and surprises, inquisitive, desires variety in menu, may sleep in different rooms on different nights, frisky.

Cancer, June 21-July 22:

Shrewd, cautious, humble, likes solitude and time for relaxation, loves water and howling at the moon, reluctant to explore, rarely a Blue Ribbon Winner.

Leo, July 23-Aug. 22:

Lovable but temperamental, will snap and snarl when angered, impulsive, powerful, tolerant, theatrical, forgiving and eager to make up, tends to overdo things.

Virgo, Aug. 23-Sept. 22:

Emotional, gracious, determined, loves nature and music, keen senses, senses sickness or unhappiness, enjoys clean and healthy environment.

Libra, Sept. 23-Oct. 22:

Curious middle-of-the-roader, well-behaved, loves to explore and watch other animals play, avoids conflicts, not lazy but never overexerts self, craves balanced diet and harmonious environment.

Scorpio, October 23-Nov. 21:

Intense, passionate, healthy, full of stamina, dynamic, emotional, adaptable, enjoys life to the fullest, determined, confident, craves love and affection.

Sagittarius, Nov. 22-Dec. 21:

Dependable, impulsive, confident, romantic, passionate, relaxed, welcomes challenges, adaptable, makes wants understood but rarely demanding.

Capricorn, Dec. 22-Jan 19:

Agile, fleet-footed, unusually alert, inquisitive, stubborn, independent, sometimes appears haughty and aloof, unyielding, determined, needs affection and respect, hates to be teased



*Greyhound Pets of America – Minnesota*  
*P.O. Box 49183*  
*Minneapolis, MN 55449*

*Phone 763-785-4000*

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*Adopt a Fast Friend!*

**GREYHOUND PETS OF AMERICA - MN**

**Sarah Snavely**

**Many thanks to Sarah. She is not only a board member but as an artist she constantly contributes her work to raise funds for our organization!**

**Also... Sylvia Kresal**

**Many thanks to Sylvia who is not only a very active volunteer but through her doll making is constantly donating monies for the hounds we serve.**

**Thanks to all for their donations and support!**



Thank Roo!

**Greyhound Pets of America/Minnesota** would like to thank the following for their support and financial aid:

- |  |  |
|--|--|
| <b>PetCos</b><br>in the Twin Cities Area and St. Cloud | <b>Alta Veterinary</b><br>612-285-6550           |
| <b>Pet Expo</b><br>Mankato, MN                         | <b>Chanhasen Vet Clinic</b><br>612-934-8862      |
| <b>The Brooklyn Park Animal Hosp.</b><br>763-566-6000  | <b>Grove Square Pet Hospital</b><br>612-420-7958 |
| <b>Maplewood Pet Care Clinic, P.A.</b><br>651-770-8373 | <b>The City of Blaine</b>                        |
| <b>PineRidge Pet Care Hospital</b><br>763-755-5321     | <b>Insty Prints – Spring Lake Park</b>           |
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|  | <b>Office Depot</b>                              |



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**763-785-4000**

**Next Month: Greyhound Pets of America's  
 2001 Greyhound Festival  
 Update & Information!!!**